

Tag	Zeit	Was	Fitness	Regattierende	Coach
Montag	1800-1930	Kraft		X	Karin
Montag	1800-1930	Ergo	X		Louisa + Timothé
Dienstag	1900-2030	Ergo		X	Karin
Mittwoch	1800-1920	Halle	X	X	Louisa + Nyma
Donnerstag	1800-1930	Ergo		X	Karin
Samstag	0930	Am See	X	X	Christian, Marco, Mathias, Nyma
Sonntag	1000	Am See		X	Christian